



The Lowville-Nelson United Ministries CommuniPac

Nelson—11:00 am Sunday Services Lowville—9:30



March 14, 2010

3rd Edition, Issue 13

Apr/May/June

From the desk of Rev. Barbara

In This Issue

“Place in me, God, a clean heart.” *Psalm 51:10*

This is our clarion call for our 2010 Lenten journey. We’ve been seeking the Holy Spirit’s power to blow the dust and ashes out of our hearts and inspire us once again to be everything God intended us to be from the beginning. But it does require some action on our part. It requires self-examination to see what dust bunnies are within and a willingness to release them into God’s hands where all things are transformed into love.

So we have walked together as Christ’s church in this place, blessed with the gift of two buildings but we also must face challenges which that gift brings. We are moving into a time of great change for our United Ministries; changes which will have an impact both at Nelson and Lowville.

However we are truly blessed with people who care deeply about our mission as Christ’s church in these places and this will hold us in good stead as we continue to discern God’s call to us for the future.

Throughout the year, there will be more information forthcoming but always, the best way to stay informed is by attending our Sunday worship services. I hope to see you there soon!

Peace & blessings,
Rev. Barbara

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Welcoming New Members And Baptism

Our Joint Worship Ministry is planning our New Members & Baptism Sunday for April 25th.

If you are considering becoming a member of either Nelson or Lowville, please contact Rev. Barbara at (905) 335-0911 or leave a message.

On April 25th, we will also be celebrating our own baptisms which came to us as a gift for our lifetimes and we will rejoice as others come to join in our United Ministries.

Sunrise Easter Service

Early in the morning (7:00 am on Easter morning, to be exact), we will, once again be gathering by the creek which runs through Lowville Park. This service is a wonderful way to welcome the dawning of Christ’s resurrection and everyone is welcome. Just a reminder to dress warmly.

Then, following the service, you will be invited to join us for hot cross buns, hot coffee and juice at Lowville Church. We will break bread together before our Sunday Services which will be 9:30 at Lowville and 11:00 at Nelson

Special points of interest:

- ♦ *Lowville worships at Mt. Nemo Nursing Home 1st Sunday of each month at 2pm. Come join us.*
- ♦ *Card Nights are on the 2nd Fri. at Lowville & 4th Fri. at Nelson starting at 7 pm.*

From The Chair Of Lowville Council

The last of the drifts have melted and the cheerful daffodils are waving hello. A welcome reminder that Easter will soon be here. Already you can feel the energy in the air. The council ministry chairs are hard at work looking forward and quietly providing the leadership that makes wonderful things happen at Lowville. What would we do without them?

They can't do it alone. When the call goes out, so many step forward to help. Owen and Marilyn seem to have the knack of organizing events that feed us as well as raise money for the church. The **Pancake Supper** was a great beginning to the Lenten Season. It was a treat to see our friends and neighbors and some new faces join us and come back for seconds and thirds. Check out the up-coming **Scott Woods Concert**. It is sure to be a great success.

Not everyone feels they want to take on the responsibility of one of the ministries. Some like to take on a specific project. A huge thank you to Keith and Sari for organizing the food and beverage venue at the Burlington Winter Carnival. It was a beautiful day and the food as always, was yummy.

I feel blessed to be surrounded by such dedicated, hard working, fun loving people. I sense a new energy in the air.

So in this Easter season, breathe in the energy!

He is risen! He is risen indeed!

Blessings

Bev Balch, Chair of Lowville Council

Co-Chair of Lowville-Nelson Ministries

Habitat for Humanity - Renew It

Habitat for Humanity has developed a new program. The goal is to enable low income home owners to reclaim their homes with pride and dignity. The program provides painting, landscaping, and repair services for homeowners. How does it work?

- Gives low-income families a hand-up not a hand-out.
- Repair work is done by volunteers working alongside partner families.
- Habitat offers interest free loans to families to cover the cost of repair.

How are families chosen? (There is an application process)

- The applicant must be a resident of Halton for at least 2 years.
- Must own a residence needing repairs.
- Meets income guidelines.
- Must have mortgage payments and debt load less than 40% of income.
- A discharge from bankruptcy at least 3 years prior to application.
- Must be willing to work with Habitat.

For further information, contact Deanna Smuck, Project Mgr/Volunteer Coordinator volunteer@habitatthalton.ca

905-637-4446 Ext. 223

From The Chair of Nelson Council

What a wonderful winter, so little snow, and no problem getting around Until Feb. 26th. I have to tell you, I was full of awe by the beauty of the snowfall clinging to the branches of the trees as I drove from Grimsby to Burlington for the card party at Nelson. I was ready for change. The white glistening snow seemed to revive my strength and I felt God's presence in that moment. I trust that all of you can feel God's presence in the things you do and say.

I wrote a wordy report for the annual report, maybe too wordy! I want you to know how much your contribution to the life of Nelson and the life to Lowville-Nelson United Ministries is noticed and appreciated. We are family oriented churches and can be proud of our place in the community. Let's keep working together, striving to do the work that God is calling us to do. Rev. Barbara and the council cannot do it alone.

Springtime will come quickly bringing Easter, new life, new projects, making some old ones like the Chicken BBQ seem new. Your council welcomes suggestions of what you would like to see happening, once again, what you feel God is calling you to do. Please let one of us know directly or use the suggestion box. If you would like to hear more about the Ministries, possibly would like to join one, give it a try. I know you will be welcomed.

I also hope you have taken the opportunity to answer the questionnaire about Church service times, and the joint services. Bev Balch, chair of Lowville Council & I will be reviewing the questionnaire with the Joint Council April 13th and will give a report back to the congregations asap.

God Bless all of you.

Shirley Bottaro, Chair of Nelson Council

Co-Chair of Lowville-Nelson United Ministries

By Request - Scott Woods Canadian Fiddle Champion

This 'Toy Soldier' is all wound up and ready to march to the beat of your drum! Join Scott Woods and the band for two hours of great family fun built around the most requested tunes by his audiences coast to coast.

Trick fiddling, old time country and gospel music, Scott's inspirational stories and more. But don't blink! Although this Canadian Grand Master Fiddle Champion has been given his marching orders, he still has a few tricks up his sleeve!

Marilyn & I have just booked **Scott Woods** and his band for a concert on behalf of the Lowville United Church. All of you must come to see this concert, even if you have been to one before. His venue is always changing and he never fails to entertain everyone. Scott is a fantastic performer and his band consists of his mother on the keyboard; his sister is a singer, plays the accordion and the violin; her son plays the violin; two friends play the guitar & drums; a young 9 year old girl step dances, plays the fiddle & sings; and another young girl who tours with Bowfire, plays the fiddle, mandolin, bass, drums, sings and step dances. The band was started by Scott's father in 1950.

Scott plays all the old fiddle tunes as well as recent music on the fiddle. He has collected requests from fans all across Canada and plays many of them in his concerts. At the same time, he still takes requests for any of your favorite tunes that he has not played for you. Marilyn & I attended his concert at Carlisle United to meet with him and to book him for our concert. Some of the requested tunes were Ragtime Annie, Haste To The Wedding, Listen to the Mockingbird, The Irish Washerwoman, Don Messer's Breakdown, Golden Slippers, The Tennessee Waltz, Wildwood Flower, Turkey in the Straw, St. Anne's Reel, Crooked Stovepipe, and a host of many, many others including a lot of favorites such as Danny Boy, favorite waltzes and gospel music.

Scott studied classical violin from the age of four with several instructors including Edouard Minevich who is now concertmaster with the Regina Symphony. He is a two-time winner of the Canadian Open Fiddle Contest, two-time winner of the Canadian Grand Masters Fiddling Championships, three-time winner of the Canadian Novelty Fiddle Championship, three-time winner of the Canadian Duet Fiddle Championship, and Canadian Fiddle Entertainer of the year.

For seven years, Scott was the musical director and played the part of Don Messer in "Memories of Don Messer's Jubilee" which toured extensively in Canada. He also plays the guitar, bass, drums, piano, clarinet, saxophone

and mandolin. He arrives at the concert with his band on his own tour bus.

We have the concert scheduled for Saturday, April 24th at 7 pm, tickets are \$20.00 for adults, \$10.00 for children, and is being held at the Compass Point Bible Church—Eaglesfield Campus, 2501 Eaglesfield Drive in Burlington, Ontario (**Between Brant St. & Guelph Line off Hwy 5**). Tickets are by advance sales only and seating is limited to 500. The seats are arranged in a semicircle all facing the stage and the floor is sloping down giving a clear view from every seat, similar to a movie theatre.

There is an intermission halfway through the show for washroom break, refreshments and to purchase CD's. At the end of the performance you will have the opportunity to meet with Scott and have him autograph your CD's. After we pay Scott and the cost of the theatre, the balance of the proceeds go to the Lowville United Church. Scott and his band help to raise hundreds of thousands of dollars each and every year for churches, charities and community organizations all across Canada. Their love of music, fun and family continues to be evident both on and off the stage.

Don't let this go by. You are not going to want to miss this event. His music will please everyone and his entertaining ability will make you extremely happy that you attended this concert. He is a true showman. There are many who have attended several of Scott Woods Concerts and each one was like seeing it for the first time. It just keeps on getting better and better.

Volunteers will be asked to bring cookies or goodies to be offered at intermission and after the show and to help with the beverages. Volunteer attendants will be needed to help take tickets at the door and to direct visitors to their seats.

We are relying on you to help us fill the seats at this concert by informing all of your friends, family, neighbors, and business associates of this wonderful event that is taking place on behalf of the Lowville United Church. We also have flyers for everyone to help hand out.

Tickets are available now for anyone wishing to purchase them and they would make an ideal gift for anyone having a birthday or any special occasion. **For tickets contact Marilyn at 905-681-0864; Shirley at 905-335-2524; Joan at 905-335-8682; or LUC office at 905-335-0911.**

We would be so pleased to have you join us at the concert and thank you in advance for supporting our event!

Owen & Marilyn, Co-Chairs of Ways & Means Ministry

Meaning - What Does It Mean To Be Christian?

Two Thousand Years Ago. *Christians called themselves “people of the way.” They were onto something entirely new—a movement that was evolving from a memory and an experience.*

The Memory. They had all known Jesus, a young Jewish teacher, their friend, who offered hope, health, and compassion to those he met. “Love God with your whole heart, mind, and soul,” he said, “and your neighbor as you love yourself.”

The Experience. They suffered the terrible loss of this deeply spiritual mentor-friend. Jesus challenged the religious authorities of the day and exposed their hard-heartedness, all the while inviting them back to what was essential: loving God, loving others—a simple, radical message that offended many and, in the end, got him executed. Shortly after his death, though, his followers began to experience his presence again. They remembered a promise in the holy books about a Messiah, a Saviour, a Christ, and came to believe it referred to Jesus.

The Living Jesus. Christians still experience him: In times of despair when new life stirs again, they remember him; when they see in ways they’ve never seen him before, they recognize him; when they encounter

assurance and calm in the midst of storms, they feel his presence; when they extend compassion and understanding as he did, they honour him. Sometimes we call this the work of the Holy Spirit, sometimes simply God.

Christianity continues in the people who study Jesus’ words and try to live as he lived: loving God, loving others.

Many Pause Privately each day to pray or gather publicly in churches each week to help one another remember and experience him as if he were still here today, walking among us.

[The above was taken from one of the brochures in the box at the entrance to the Zimmerman Room at the Lowville United Church and also at the front entrance of the Nelson United Church.

This brochure is called ‘Meaning’. There are many more to choose from. Please help yourself to any that you would like to have for your own information, needs or enjoyment.]

A part of the series

**“The United Church of Canada
Welcomes You”**

Doors Open Burlington June 12-13, 2010

For the first time, Burlington will be participating in the Doors Open Ontario event!

Every year, Doors Open Ontario attracts large crowds across the province. From April to October, residents and visitors are invited to discover first-hand various communities heritage, natural and cultural resources. Since the program was launched in 2002, over 3 million people have visited sites participating in this exciting initiative. Festival and Events Ontario recognized Doors Open Ontario as one of the “Top 100 Ontario Festivals” in 2008 and 2009.

On June 12 & June 13, Burlington residents and visitors to the city will be given the remarkable opportunity to learn about places and spaces normally not open to the general public or for which an admission fee is usually charged including churches, museums, arts and culture centres, municipal buildings, heritage homes and businesses. The event will help our community celebrate it’s culture and heritage, strengthen and encourage local partnerships and stimulate tourism and the local economy. Admission to all Doors Open events and sites is **free!**



For more information about Doors Open Burlington, visit our webpage at <http://www.burlington.ca/doorsopen> or e-mail us at doorsopen@burlington.ca. Doors Open events have been happening in Ontario for several years. The purpose is to build a sense of pride and respect for the culture, history and natural resources of our community. This is the first year that Burlington is participating in Doors Open. We are pleased to have been asked to be a part of this event which features buildings that have been given a historical designation.

Lowville part of Doors Open Burlington

Lowville will open it’s doors both Saturday and Sunday and we look forward to welcoming residents and visitors to come into our church to learn about our history, to admire the architecture and enjoy some refreshments. We are also welcoming people to attend our Sunday services.

Saturday, June 12 - 10:00 am to 3:00 (Tea Room)

(Sunday, June 13 - 9:30 am worship service)

Open Doors Sunday, June 13 - 11:00 to 3:00

Lowville-Nelson Joint Worship Ministry

Calendar of Events from March 28th to June 27th, 2010

*Starting time for services at Lowville is 9:30 am and starting time for services at Nelson is 11:00 am.
This will continue until April 13th, 2010 when a new time schedule will be discussed at the
Joint Council Meeting.*

Sunday	Mar. 28th	<u>Joint Service</u> at Nelson <u>at 11:00 am</u> Lent 6 - Palm Passion Sunday
Thursday	April 1st	<u>Joint Service</u> at Lowville <u>at 7:00 pm.</u> Maundy Thursday
Friday	April 2nd	<u>Joint Service</u> at Nelson <u>at 11:00 am</u> Good Friday
Sunday	April 4th	<u>Joint Sunrise Service</u> at Lowville Park <u>at 7:00 am</u> Easter Sunday Coffee & Hot Cross buns to follow at Lowville United Church Lowville Easter Service <u>at 9:30 am</u> - Communion Nelson Easter Service <u>at 11:00 am</u> - Communion

SERVICES TO JUNE 27th - all services - Lowville at 9:30 am and Nelson at 11:00 am unless otherwise stated.

Sunday	April 11th	Easter 2
Sunday	April 18th	Easter 3
Sunday	April 25th	Easter 4 - Welcoming New Members and Baptism
Sunday	May 2nd	Communion Services
Sunday	May 9th	Mother's Day - Family Day Services
Sunday	May 16th	Regular Services
Sunday	May 23rd	Pentecost Sunday
Sunday	May 30th	Regular Services
Sunday	June 6th	Regular Services
Sunday	June 13th	Regular Services
Sunday	June 20th	Father's Day - Sunday School picnic after service. <u>Joint Service</u> at Nelson <u>at 11:00 am</u>
Sunday	June 27th	The Beginning of our Summer Schedule <u>Joint Service</u> This service will be held at Nelson <u>at 10:30 am.</u>

Lowville - Nelson Notes

Food Banks are in urgent need of your help. Gifts of non-perishable food items or cheque donations will help get them through this lean period.

Pop Can Tabs are being collected at both Lowville & Nelson Churches for a worthwhile charity. Look for the large jar with the 'Tabs' label. For further information, contact Norma Copeland at Lowville or Joan Hunt at Nelson.

Save your Campbell Soup Labels. The front of the label & the bar code must remain intact. Deposit them in the CE room of Nelson or the Zimmerman Room of Lowville.

Save used stamps for Leprosy. There is a container in the CE room of Nelson or the Zimmerman Room of Lowville. These stamps are sold to stamp collectors and the funds turned over to the Leprosy organization as an outreach mission.

Mission & Outreach is calling those with a heart for outreach to contact Bev at bbalch@cogeco.ca at Lowville or Bev at bevrygreer@yahoo.ca at Nelson.

Scripture Readers are required each week at Lowville and Nelson, There is a sign-up sheet at Nelson. Those at Lowville, please speak with Linda J.

Refreshments are required each week for fellowship after service on Sunday. Sign-up sheets are available in both churches if you would like to provide your favorite tidbits or creations for the congregation. Bring milk & cream for the coffee and juice for the children or others not wanting hot beverage. Don't forget to prepare and turn on the coffee urn. Training is always available.

Ushers are required each week at the Sunday Service. Contact the Worship Ministry to find out how you can help in this way. Get to greet your friends and neighbors on their way in to service and assist in taking up the collection during the service.

Work Bee - Lowville United has a work bee on the second Tuesday of each month at 9 am. If you are interested in taking part in keeping the church in proper repair, come and join others for fun and conversation. If you know of something in the church needing repair, fill out a card at the thermostat.

Lowville

United Church Women (UCW) 2010 Programme



All women from both churches are welcome. Bring a sandwich to share. Join us at 12 noon, on the 1st Wednesday of each month for an interesting and enjoyable program,

2010

January 6th	February 3rd
March 3rd	April 7th
May 5th	June 2nd

Summer Recess (July - Aug)

Nelson Pastoral Care

The ministry has been extremely busy sending cards and attending to visitations and personal communications.

Our line of knowledge comes from the members of the congregation making us aware of any person or persons in need of our support.

Your continued support is deeply appreciated.

Doreen Vivian

‘May His peace be with you’

New Lowville Address

A new postal address comes into affect for Lowville United on March 12, 2010. We will no longer have a Milton postal code and our mail will come from Burlington where it should.

We can now rightfully say that we are a part of Burlington and we will have an address to prove it. Our new address will be:

Lowville United Church
(or Lowville-Nelson United Ministries),
5800 Guelph Line,
Burlington, Ontario L7P 0A7

Lowville United's Outreach To Mount Nemo

The first Sunday of every month, a group of dedicated volunteers support a Sunday afternoon service at Mount Nemo Nursing Home. Located at 4486 Guelph Line at No. 2 Sideroad for a 2:00 p.m. service.

Sunday, April 4, 2010

Sunday, May 2, 2010

Sunday, June 6, 2010

Volunteers are needed to help the residents gather in the community room and to join in the singing of hymns. If you would like to join us in this ministry, please, just come at 1:45 pm.

An Exciting Learning Time Is Coming . . .

Have you been through the Bible lately? If you are hungering for more of God's Word, do we have a course for you!

It will begin with the Old Testament presented by Prof. Amy-Jill Levine, Ph.D. of Vanderbilt University Divinity School, a well-respected scholar of Biblical Studies and will continue with the New Testament presented by Prof. Bart Ehrman, Ph.D. of the University of North Carolina, another well-respected scholar. We have their lectures on DVD, which will be followed by a time of questions and probing of the scriptures.

The date and time is yet to be determined and will depend upon those who wish to participate. If you are interested in participating or just want more information,

Please contact: Allan Salmi (905) 332-9653
or the church office (905) 335-0911

Nelson Finance and Stewardship

Our financial position for the first two months is in a negative situation. Our expenses are \$7443.00 and our givings were \$6053.00. This amount is not alarming given the low attendance that normally occurs in these two months. We must continue to work and give as we think God wants us to do. With the coming of spring, I hope that our ministry will also get new life and we will continue our successful path of mission and outreach.

Respectfully, Bill Vivian, Chair

Judi Riebot, Treasurer

A Complaint-Free World Just Imagine!

A short while ago, Rev. Barbara offered an opportunity to the congregation to do less complaining. The goal was to go 21 days without complaining, criticizing or gossiping.

Why 21 days? Because it's proven that it takes 21 days to break a habit. So let's try to make it 21 days straight without complaining, criticizing or gossiping. Know there is a difference between stating a truth and 'complaining'.

Does this mean we can never complain again? No. It just means that most of our complaining is 'voice pollution' and that's not helpful in God's world which is why Paul wrote:

"Do everything without complaining." Philipians 2:14

The Process

- Wear an elastic band on either wrist.
- When you catch yourself complaining, criticizing or gossiping, move the band to the other wrist. Do this each time but only when it is spoken; if it's a thought, it doesn't count.
- Once it's on the other wrist, you will be starting over again from the beginning.

There is a woman who has been doing this for 4 years.
The Good News? She is still trying.

*Our thanks to Will Bowen, minister from the
United States and his book,*

"A Complaint-free World"

*It is a wonderful resource
For this process!*

There is a small basket containing elastics in both Lowville and Nelson churches along with a small brochure explaining the process. Please feel free to help yourself and also share them with other members of your family.

This blessing is made especially for you by:

Lowville-Nelson United Ministries

A Lowville United Church Treasure

We have on our Lowville United Church property, a tree, planted some time ago possibly as a gift or as a memorial for someone. It is situated in line with the other dedicated trees and is the tree closest to Guelph Line near the Juniper shrubs. If anyone knows anything about how this tree got to where it is and for whom it was planted, please advise the author of the newsletter so that the information may be duly recorded.

The tree is a **Ginkgo Biloba** also known as a “Maidenhair Tree”. The leaf resembles the leaf-shape of a Maidenhair fern, hence the plant’s nickname, the Maidenhair tree. The name “Ginkgo” comes from the Japanese word “ginkyo”, or “silver apricot”, which describes the appearance of the fruit while “biloba” refers to the double-lobed, fan-shaped leaves. This tree is a survivor and very tolerant of a variety of growth conditions. The fossil record shows that the species has been existing for over 200 million years. It was only known as a fossil until it was re-discovered in China in 1691.

In the fall, the delicate conical-shaped tree is covered in unblemished, bright golden leaves that begin to fall and form a carpet on the grass. The fan-shaped leaves grow from the branches, each in a different direction, which is also unusual, and flutter in the wind like those on a poplar tree. Spur shoots, looking like large thorns, decorate the older stems and branches.

During the time of the dinosaurs, seed plants were well developed and were the most dominant vegetation on earth, especially the lush seed ferns, conifers and palmlike cycads. These primitive seed plants are not enclosed in a ripened fruit but are protected by cones or by a fleshy seed coat. Most gymnosperm plants of this type along with flowering plants, have both sexes on the same plant but the ginkgo is a dioecious gymnosperm, and the male and female are separate trees and it’s seeds have a fleshy outer layer. The Ginkgo and cycads are the only living seed-producing plants that have motile or free-swimming sperm.

Although the Ginkgo is more like a conifer than a deciduous broadleaf tree, it is neither, it has a unique position. Recent research suggests a much closer relationship to the cycads than to the conifers. You can distinguish a Ginkgo from other palm-like trees by it’s fan shaped and bilobed leaves. All Ginkgo trees have a relatively primitive vascular system. The veins continuously divide into two’s. This vein pattern is unique to the Ginkgo. Since our Ginkgo does not bear the fleshy fruit, we can safely assume that we have the male species of the tree.

Female trees produce seed that emit nauseating, volatile compounds when crushed or rotting, that are difficult to wash off the skin if touched, and may cause a rash in sensitized individuals. These compounds include butyric acid, and the mixture distinctly smells of vomit. Most nurseries sell only grafted male varieties that do not produce fruit, although the female trees do not bear until they have reached 20 years of age. However, you might want to take advantage of the fact that the nuts inside the smelly mess are edible. The interior kernel of the fruit is considered a delicacy by people of Chinese, Japanese, and southeast Asian descent. Contact dermatitis occurs in sensitive individuals when they remove the fleshy pulp from the seeds in the autumn. The crude extract contains a toxin that causes convulsions and death if used in excess.

The Ginkgo also produces peg-like structures along the trunk and branches that can grow into the ground and form roots as well as leafy branches above because of the embedded vegetative buds. These structures seem to be connected to traumatic events, environmental stress and individual properties of a tree. It is seen with old, but also with younger trees. It is thought that these buds, it’s resistance against diseases, it’s adaptability and individual properties of the tree, etc. contribute to the long history of the survival of the Ginkgo. The oldest living Ginkgo Biloba tree is 3500 years old.

The Ginkgo tree is particularly resistant to insect pests and to fungal, viral and bacterial diseases as well as to ozone and sulphur dioxide pollution, fire and even radioactive radiation like the atomic bomb. It never needs spraying. It can tolerate snow and ice storms. Research shows that the Ginkgo has no trouble adapting to greenhouse-effect conditions. The extract of the dried leaves is popular for their use as a diet supplement and herbal medicine for the brain, legs, eyes, heart and ears. Scientific studies show that good extracts may improve blood circulation, memory, prevent blood clotting, damage by free radicals and give an improved sense of well-being. The leaves are also used as tea for a variety of ailments.

We can learn a lot from this Ginkgo Biloba tree and should strive to protect it from any harm!

Information extracted from the Canada Gardens Website

Lowville United Church
 5800 Guelph Line
 RR#2
 Milton, Ontario L9T 2X6
 Phone: 905-335-0911
 Fax: 905-335-4134
 lowville@pathcom.com
 www.lowville-nelson.ca

Nelson United Church
 2347 Dundas Street West
 Burlington, Ontario L7R 3X4
 Phone 905-335-9394
 nelson@nelsonunited.ca
 www.lowville-nelson.ca

**Begin
 Before you are ready!**

**Give your Communipac to a friend
 or neighbor when you're finished
 with it. It's good recycling!**

The Lowville-Nelson United Ministries
 COMMUNIPAC
 Newsletter

TO:

Lowville Milk Bag Mats

Lowville United has an over-abundant supply of milk bags and no more are required. However, we also have a good supply of bags already cut and we just require volunteers to crochet them into mats. A large supply of fresh bags are in a closet outside the banner room downstairs if anyone would also like to cut them.

Give Pre-Authorized Remittance (PAR)
 because church is one of your priorities!
 Lowville - Bonnie 905-878-6062
 Nelson - Bill 905-332-8885

Business Card Advertising

If anyone is interested in having their business card placed into the COMMUNIPAC as per the previous issues, please contact Bonnie Fay at 905-335-0911. The cost is \$10.00 per issue.

(Business Card from last newsletter)

Newsletter Publishing - 2010

Article Deadlines	Delivery Dates	Covering:	Topics
Dec. 1st	Sunday, Dec. 13th	January to March	(Annual Meetings to Lent)
Mar. 1st	Sunday, Mar. 14th	April to June	(Holy Week to end of June)
June 1st	Sunday, June 13th	July to September	(Summer Events & Sept. Start-up)
Sept. 1st	Sunday, Sept. 12th	October to December	(Fall season to Christmas)